

The alliance of the Open Door and the Upper Room 919 Pandora Ave., Victoria, B.C. V8V 3P4

Volunteer's Newsletter

#5 - July 24, 2006 Bruce More - Editor Our E-mail address: volunteerourplace@shaw.ca



Drop-in centre hours: Mon to Fri 7 am thru 3:00 pm

Volunteer Shifts 7am-10am 10am-1pm 1pm-4pm

What a Party!

Cake, cards , balloons and laughter ... what a great combination...this is what "Avodah " the social action group of Congregation Emanu'el brought to ourplace on Wednesday on July 19th. On or about the middle of each month this group will be acknowledging and helping us celebrate any family members birthday whose name was placed on the birthday calendar at the dropin centre. Thank you so much to Penny and Annettee for serving the cake and ice-cream.

Safety Corner

Grandmother said that an ounce of prevention is worth a pound of cure. Keep this in mind whenever you find spills on the floor. They are the responsibility of the finder. Grab a mop or some towels from the "Dirty" bin. Avoid paper towels they spread more than they absorb. It is easier to mop up a spill than it is to pick up the body that falls in it!

How do I volunteer?

Please call either 385-2454 or 388-7112 and ask for an appointment for volunteering.

"Unconditional love given in a non-judgemental way."

DONATIONS We need <u>Towels.</u>

Our space is limited and we can no longer accept all the donations we used to. (Please, no household items, large or small.)

Clothing- seasonal garments, socks, trousers, shirts, under garments, footwear, belts. Bedding- blankets, sleeping bags, ground mats. Toiletries- feminine hygiene products, razors, toothbrushes, tooth paste, deodorant, brushes & combs.

Knapsacks, Backpacks, small tents.

Non-perishable foods: Canned or other dry packaged foods, coffee.

Volunteer Appreciation Event! When : Thursday 07 sept 12:30 noon to 4pm.

> Where: St Ann's Academy grounds

> > What:

Lunch served at 1:00, Ackowledgements and speeches at 2:00, bocce ball, crocquet,

Fun for everyone! Please RSVP - e-mail: <ruth@ruthsimkin.ca> or call: 477-2222

Profiles:

Robert Ourplace, Johnson St. - Volunteer

Born in Philippi, West Virginia, Robert became a Canadian in his teens when his parents moved to Medicine Hat. Robert fulfilled his love of flying as a commercial pilot, ending his 35+ year career in Victoria flying with Canadian Regional Airlines. When others are thinking of retirement, Robert was thinking it was "pay-back time" so a ten-year stint took him overseas, flying humanitarian relief flights in Africa. Upon returning to his home in Victoria last October, Robert was looking for a career change - involvement within the community - something fulfilling.

Ourplace fit the bill and welcomed him behind the Coffee Bar to continue his Christian stewardship. When asked about his career change, he enthusiastically replies: "I saved the best for last !!!

Volunteers needed at Ourplace - Pandora

	Lunch	Dinner
Mon	none	none
Tues	1-2	none
Wed	2	none
Thurs	2-3	none
Fri	3-4	2-3
Sat	2-3	3-4

The "parts" of ourplace Ourplace drop in centre - 713 Johnson

- Office
- Coffee Bar
- Outreach workers
- Clothing & toiletries room
- Outreach programme
- Individual assistance:

advocacy, referrals, emergency medical aid, transportation to detox, visitations to home, hospital or jail.

- Ourplace 919 Pandora
- Administrative Office
- Soup kitchen 2 meals a day, 6 days a week
- Rooms: 22 short term furnished rooms for men
- Small clothing room & toiletries
- Counselling services

Welcome to new volunteers: Don, Darren, Irene, Linda, Normand

Bread Pickup Needed

We need willing and able volunteers to help with the daily bread pick-up. The volunteer must have a vehicle and be physically able to lift large bags of bread. The bread needs to be picked up between 9 & 9:45am from Safeway: Shelbourne at Mackenzie - then delivered to the Johnson St. drop in center.